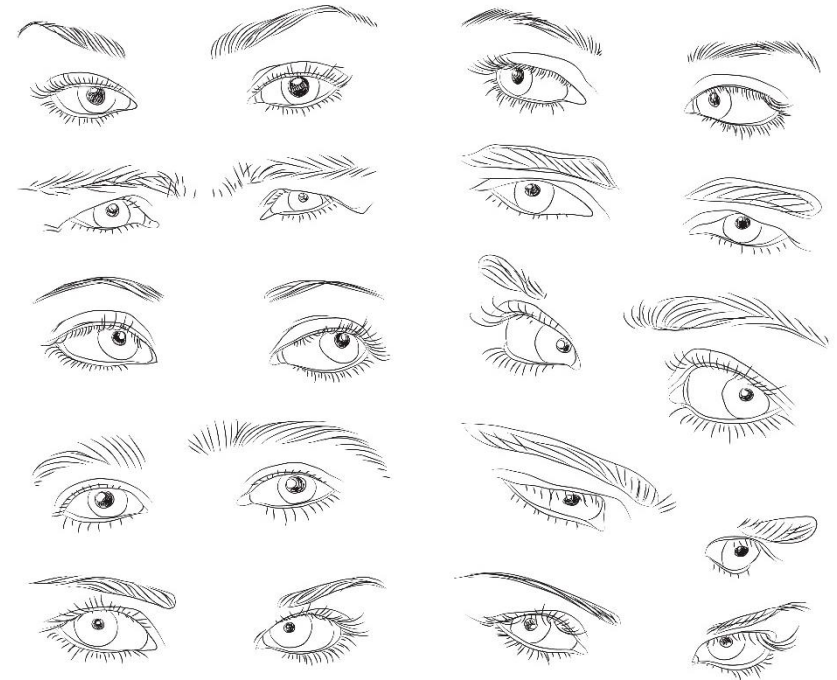


ENG

Treated with eye ointment

Holbæk Sygehus, Akutafdelingen



Holbæk Sygehus
Akutafdelingen
Smedelundsgade 60
4300 Holbæk

E-mail: hol-akut@regionsjaelland.dk

Afdelingstelefon: 59 48 38 00

Skadetelefonen: 1818

www.holbaeksygehus.dk/afdelinger/akutafdeling

No. 3. May 2023

REGION SJÆLLAND
HOLBÆK SYGEGEHUS
- vi er til for dig

Treatment with eye ointment

Pull down the lower eyelid and apply a strip of ointment into the fold. Close your eye and blink to distribute the ointment.

Apply ointment _____ times

daily in _____ days.

Important information

- eye ointment may produce a bad taste in the mouth.
- if we have coloured your eye with yellow eyedrops, you may experience a colouring of the nasal secrete when blowing your nose.
- if your eye has been treated with anaesthetics, you must keep the eye patched for at least 2 hours. As a result of the anaesthetics you risk getting new objects into the eye.

Inflammation

To avoid transferring inflammation from one eye to another, please observe the following:

- the tube must not get into contact with the eye or the eyelid
- do not rub your eye. Use a papertissue, if your eye waters
- wash your hands if you have touched the eyes

- ointment must be kept in the fridge
- upon completion of the treatment, the remainder of the ointment must be thrown out

Pains

If your eye starts to hurt, you can take a painkiller (against headaches) with 4-5 hours interval for the first couple of days, however 4 times a day at a maximum.

Protect your eyes against direct sunlight or other strong lights. Consider using sunglasses.

If you have a scratch on the cornea, it may hurt when blinking.

Wear an eyepatch as long as it gives you relief from the pains.

If you do not recover within 1-2 days, if the pains become worse, or if you experience visual disturbance, you should contact an eye specialist.

You should not drive a car or other motor vehicle when wearing an eye patch. Your field of sight is halved and your sense of distance is impaired.

Tetanus vaccine

A tetanus vaccine every ten years is recommended to maintain immunity. Please check on (link) www.sundhed.dk if you are still covered by your latest tetanus dose.

Questions

You are quite welcome to contact Skadetelefonen on tel. 1818 or your doctor, if you are in doubt of any aspect of the treatment.