

Appendix D—Screening and Assessment Instruments

This appendix provides a selected sample of available tools for screening and assessment of traumatic events and trauma-related symptoms. This is not an exhaustive list, nor does this list focus on screening instruments that capture a broader range of symptoms related to trauma (such as sleep hygiene and dissociation) or other features important in providing trauma-informed care (e.g., resilience level, coping skill style, resource availability). For more information on a broad range of available instruments, refer back to Part 1, Chapter 4. Many of the instruments listed below use criteria found in the *Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition, Text Revision* (DSM-IV-TR; APA, 2000), but with the release of the DSM-5 (APA, 2013a), instruments will evolve, and new versions will be available under the same contact information.

Screening and Assessment Measures

- Clinician Administered PTSD Scale (CAPS)
- Davidson Trauma Scale (DTS)
- Distressing Event Questionnaire (DEQ)
- Evaluation of Lifetime Stressors (ELS)
- Impacts of Event Scale Revised (IES-R)
- Mississippi Scale for Combat-Related PTSD (M-PTSD)
- Penn Inventory for Posttraumatic Stress Disorder
- Posttraumatic Diagnostic Scale (PDS)
- PTSD Symptom Scale-Interview (PSS-I)
- PTSD Symptom Scale: Self-Report Version (MPSS-SR)
- Screen for Posttraumatic Stress Symptoms (SPTSS)
- Structured Interview for PTSD (SI-PTSD)
- Trauma Assessment for Adults (TAA)
- Trauma Assessment for Adults (TAA)–Self Report
- Trauma History Questionnaire (THQ)
- Trauma Symptom Inventory (TSI)
- Traumatic Stress Schedule

Screening and Assessment Measures

Clinician Administered PTSD Scale (CAPS)

Domains:	Posttraumatic stress disorder (PTSD), acute stress disorder (ASD)
Timeframe:	CAPS-Sx: Lifetime and current (past week) CAPS-Dx: Current (past month)
Response format:	Other
Format of administration:	Structured
Number of items:	30
Completion time:	30–60 minutes
Qualifications to administer:	Administered by clinicians and clinical researchers who have a working knowledge of PTSD and by appropriately trained paraprofessionals
How to obtain scale:	Contact Danny G. Kaloupek, Ph.D.
Cost or public domain:	Public domain
Psychometrics:	Populations sampled: veterans, car accident survivors Reliability: alpha = .94, test-retest = .90–.98 Validity: sensitivity = .85, specificity = .95 (compared with Structured Clinical Interview for DSM Disorders [SCID]), $r = .91$ (with MS Scale for Combat-related PTSD) kappa = .77 against the SCID diagnosis; item-total correlations = .49–.82; internal consistency = .94
Author(s):	Dudley David Blake, Frank W. Weathers, Linda M. Nagy, Danny G. Kaloupek, Dennis S. Charney, and Terence M. Keane
Contact:	Danny G. Kaloupek, Ph.D. National Center for PTSD Boston VA Medical Center, 11B 150 South Huntington Avenue Boston, MA 02130
Relevant citations:	Blake, D. D. (1994). Rationale and development of the clinician-administered PTSD scales. <i>PTSD Research Quarterly</i> , 5, 1–2. Blake, D. D., Weathers, F. W., Nagy, L. M., Kaloupek, D. G., Gusman, F. D., Charney, D. S., & Keane, T. M. (1995). The development of a clinician-administered PTSD scale. <i>Journal of Traumatic Stress</i> , 8, 75–90.

Gray, M., Litz, B., Hsu, J., & Lombardo, T. (2004). Psychometric properties of the Life Events Checklist. *Assessment, 11*, 330–341.

Weathers, F. W., Keane, T. M., & Davidson, J. R. (2001). Clinician-Administered PTSD Scale: A review of the first ten years of research. *Depression and Anxiety, 13*, 132–156.

Davidson Trauma Scale (DTS)

Domains:	PTSD symptoms
Timeframe:	Current (past week)
Response format:	Self-administered
Format of administration:	Structured
Number of items:	17
Completion time:	10–15 minutes
Qualifications to administer:	Bachelor's degree in psychology. Must have related field and course work in the use of assessment instruments or special training in the use of this instrument. Education/training requirements may be waived for those granted the right to administer tests at this level (B) in their jurisdiction.
How to obtain scale:	Contact Mental Health Systems, Inc.
Cost or public domain:	Cost: \$15.00
Psychometrics:	Populations sampled: rape victims, veterans, hurricane victims, miscellaneous traumas Reliability: alpha = .99, test-retest = .86
Author(s):	Jonathan R.T. Davidson
Contact:	Mental Health Systems, Inc. 908 Niagara Falls Boulevard North Tonawanda, NY, 14120-2060 800-456-3003
Relevant citations:	Davidson, J. R. T., Book, S. W., Colket, J. T., Tupler, L. A., Roth, S., David, D., Hertzberg, M., Mellman, T., Beckham, J.C., Smith, R., Davison, R. M., Katz, R., & Feldman, M. (1997). Assessment of a new self-rating scale for posttraumatic stress disorder. <i>Psychological Medicine, 27</i> , 153–160. Davidson, J. R., Tharwani, H. M., & Connor, K. M. (2002). Davidson Trauma Scale (DTS): Normative scores in the general population and effect sizes in placebo-controlled SSRI trials. <i>Depression and Anxiety, 15</i> , 75–78.

Distressing Event Questionnaire (DEQ)

Domains:	Posttraumatic Stress Disorder (PTSD) for multiple events
Timeframe:	Lifetime
Response format:	Self-administered
Format of administration:	Structured
Number of items:	35
Completion time:	10–15 minutes
Qualifications to administer:	Contact Edward Kubany, Ph.D.
How to obtain scale:	Contact Edward Kubany, Ph.D.
Cost or public domain:	Contact Edward Kubany, Ph.D.
Psychometrics:	Population sampled: veterans, battered women Reliability: inter-item $r = .93$, test-retest = $.95$; validity: Pearson's r reliability coefficient = $.83$ (with Penn Inventory, Pearson's r reliability coefficient = $.76$ (with Beck Depression Inventory)
Author(s):	Edward Kubany, Mary Beth Leisen, Aaron S. Kaplan, Martin P. Kelly
Contact:	Edward Kubany, Ph.D. National Center for PTSD Pacific Islands Division Department of VA Suite 307 Honolulu, HI 96813 Kubany.Edward@honolulu.va.gov
Relevant citations:	Kubany, E. S., Leisen, M. B., Kaplan, A. S., & Kelly, M. P. (2000). Validation of a brief measure of posttraumatic stress disorder: The distressing event questionnaire (DEQ). <i>Psychological Assessment, 12</i> , 197–209.

Evaluation of Lifetime Stressors (ELS)

Domains:	Trauma history
Timeframe:	Lifetime
Response format:	Other
Format of administration:	Structured
Number of items:	56
Completion time:	10–20 minutes for screening, 1–3 hours for complete interview
Qualifications to administer:	Should be administered by trained clinicians only

How to obtain scale:	Contact Karen Krinsley, Ph.D.
Cost or public domain:	Public domain
Psychometrics:	Populations sampled: male veterans, female sexual abuse survivors Reliability: $r = .4-1.0$
Author(s):	Karen Krinsley, Frank W. Weathers, Elana Newman, Edward A. Walker, Danny G. Kaloupek, Rachel Kimerling
Relevant citations:	Corcoran, C. B., Green, B. L., Goodman, L. A., & Krinsley, K. E. (2000). Conceptual and methodological issues in trauma history assessment. In A. Y. Shalev, R. Yehuda, & A. C. McFarlane (Eds.), <i>International handbook of human response to trauma</i> (pp. 22–232). Dordrecht, Netherlands: Kluwer Academic Publishers. Krinsley, K. (1996). Psychometric review of the Evaluation of Lifetime Stressors (ELS) Questionnaire and Interview. In B. H. Stamm (Ed.), <i>Measurement of stress, trauma, and adaptation</i> (pp. 160–162). Lutherville, MD: Sidran Press.

Impact of Event Scale Revised (IES-R)

Domains:	PTSD for a single event
Timeframe:	Current (past week)
Response format:	Self-administered
Format of administration:	Structured
Number of items:	22
Completion time:	5–10 minutes for screening
Qualifications to administer:	None
How to obtain scale:	http://consultgerirn.org/uploads/File/trythis/try_this_19.pdf
Cost or public domain:	Public domain
Psychometrics:	Populations sampled: earthquake survivors, emergency disaster workers, Vietnam veterans, violence and sexual assault victims Reliability: $\alpha = .79-.92$, test-retest = $.89-.94$, Pearson's r reliability coefficient = $.74-.87$
Author(s):	Daniel Weiss and Charles R. Marmar
Relevant citations:	Sundin, E. C. & Horowitz, M. J. (2002). Impact of Event Scale: Psychometric properties. <i>British Journal of Psychiatry</i> , <i>180</i> , 205–209. Weiss, D. S. & Marmar, C. R. (1996). The Impact of Event Scale-Revised. In J. Wilson & T. M. Keane (Eds.), <i>Assessing psychological trauma and PTSD</i> (pp. 399–411). New York: Guilford Press. (Includes measure in its entirety.)

Mississippi Scale for Combat-Related PTSD (M-PTSD)

Domains:	PTSD for multiple events
Timeframe:	Contact National Center for PTSD at ncptsd@ncptsd.org
Response format:	Self-administered
Format of administration:	Structured
Number of items:	35
Completion time:	10–15 minutes
Qualifications to administer:	Contact National Center for PTSD at ncptsd@va.gov
How to obtain scale:	To order the scale contact the National Center for PTSD
Cost or public domain:	Free (ncptsd@va.gov)
Psychometrics:	Population sampled: veterans Reliability: inter-item $r = .94$, test-retest = .97 Validity: sensitivity = .93, specificity = .89
Author(s):	Terence M. Keane
Contact:	National Center for PTSD (116D) VA Medical Center 215 N. Main St. White River Junction, VT 05009 http://www.ptsd.va.gov/
Relevant citations:	Engdahl, B. & Eberly, R. (1994). Assessing PTSD among veterans exposed to war trauma 40–50 years ago. <i>NCP Clinical Quarterly</i> , 4, 13–14. Keane, T. M., Caddell, J. M., & Taylor, K. L. (1988). Mississippi Scale for Combat-Related Posttraumatic Stress Disorder: Three studies in reliability and validity. <i>Journal of Consulting and Clinical Psychology</i> , 56, 85–90.

Penn Inventory for Posttraumatic Stress Disorder

Domains:	PTSD for multiple events
Timeframe:	Current (past week)
Response format:	Self-administered
Format of administration:	Structured
Number of items:	26
Completion time:	5–15 minutes

Qualifications to administer:	Contact Melvyn Hammarberg, Ph.D.
How to obtain scale:	Contact Melvyn Hammarberg, Ph.D.
Cost or public domain:	Public domain
Psychometrics:	Population sampled: veterans, oil-rig disaster survivors Reliability: alpha = .94, test-retest = .96
Author(s):	Melvyn Hammarberg
Contact:	Melvyn Hammarberg, Ph.D. Department of Anthropology University of Pennsylvania 325 University Museum 33rd and Spruce Street Philadelphia, PA 19104-6398
Relevant citations:	Hammarberg, M. (1996). Psychometric review of the Penn Interview for Post Traumatic Stress Disorder. In B. H. Stamm (Ed.), <i>Measurement of stress, trauma, and adaptation</i> (pp. 231–235). Lutherville, MD: Sidran Press. (Includes measure in its entirety.) Steel, J. L., Dunlavy, A. C., Stillman, J., & Pape, H. C. (2011). Measuring depression and PTSD after trauma: Common scales and checklists. <i>Injury, 42</i> , 288–300.

Posttraumatic Diagnostic Scale (PDS)

Domains:	DSM-IV PTSD symptom clusters
Timeframe:	Current (past month)
Response format:	Self-administered
Format of administration:	Structured
Number of items:	49
Completion time:	10–15 minutes
Qualifications to administer:	Bachelor's degree in psychology. Must have related field and course work in the use of assessment instruments or special training in the use of this instrument.
How to obtain scale:	Contact National Computer Systems (NCS)
Cost or public domain:	Cost: \$15.00
Psychometrics:	Population sampled: accident/fire, disaster, assault, sexual assault, sexual abuse, major illness Reliability: alpha = .92, test-retest = .83 Validity: sensitivity = .89, specificity = .75

Author(s): Edna B. Foa, Ph.D.

Contact: National Computer Systems (NCS)
5605 Green Circle Drive
Minnetonka, MN 55343

Relevant citations: Foa, E. (1996). *Post-traumatic Diagnostic Scale manual*. Minneapolis, MN: National Computer Systems.

Foa, E., Cashman, L., Jaycox, L., & Perry, K. (1997). The validation of a self-report measure of PTSD: The Post-traumatic Diagnostic Scale (PDS). *Psychological Assessment, 9*, 445–451.

Steel, J. L., Dunlavy, A. C., Stillman, J., & Pape, H. C. (2011). Measuring depression and PTSD after trauma: Common scales and checklists. *Injury, 42*, 288–300.

PTSD Symptom Scale-Interview (PSS-I)

Domains: PTSD single event

Timeframe: Current (past 2 weeks)

Response format: Other

Format of administration: Structured

Number of items: 17

Completion time: 20 minutes

Qualifications to administer: Can be administered by a master's level interviewer after a few hours of training.

How to obtain scale: Contact Edna B. Foa, Ph.D.

Cost or public domain: Public domain

Psychometrics: Population sampled: female sexual assault victims, female assault victims
Reliability: alpha = .85, test-retest = .80; validity: sensitivity = .88, specificity = .96 (compared with SCID); Pearson's r reliability coefficient = .48–.80 (with Impact of Events intrusion and avoidance, State portion of State-Trait Anxiety Inventory, and MPSS-SR)

Author(s): Edna B. Foa and Gregory A. Leskin

Contact: Edna B. Foa, Ph.D.
Medical College of Pennsylvania
Department of Psychiatry
3200 Henry Avenue
Philadelphia, PA 19129-1137

- Relevant citations: Foa, E. B., Riggs, D. S., Dancu, C. V., & Rothbaum, B. O. (1993). Reliability and validity of a brief instrument for assessing post-traumatic stress disorder. *Journal of Traumatic Stress, 6*, 459–474.
- Foa, E. & Tolin, D. F. (2005). Comparison of the PTSD Symptom Scale-Interview Version and the clinician administered PTSD Scale. *Journal of Traumatic Stress, 13*, 181–191.
- Leskin, G. A. (1999). Screening for trauma and PTSD in a primary care clinic. *NC-PTSD Clinical Quarterly, 8*, 68–69.

PTSD Symptom Scale: Self-Report Version (MPSS-SR)

- Domains: PTSD for multiple or unknown events
- Timeframe: Current (past 2 weeks)
- Response format: Self-administered
- Format of administration: Structured
- Number of items: 17
- Completion time: 10–15 minutes
- Qualifications to administer: Contact Sherry Falsetti, Ph.D.
- How to obtain scale: Contact Sherry Falsetti, Ph.D.
- Cost or public domain: Public domain
- Psychometrics: Reliability: alpha = .96–.97
Validity: sensitivity = .89, specificity = .65
- Author(s): Sherry Falsetti, Patricia A. Resick, Heidi S. Resnick, Dean G. Kilpatrick
- Contact: Sherry Falsetti, Ph.D.
University of Illinois
College of Medicine
Department of Family and Community Medicine
1601 Parkview Avenue
Rockford, IL 61107-1897
- Relevant citations: Bonin, M. F., Norton, G. R., Asmundson, G. J., Dicurzio, S., & Pidlubney, S. (2000). Drinking away the hurt: The nature and prevalence of PTSD in substance abuse patients attending a community-based treatment program. *Journal of Behavior Therapy and Experimental Psychiatry, 31*, 55–66.
- Coffey, S. F., Dansky, B. S., Falsetti, S. A., Saladin, M. E., & Brady, K. T. (1998). Screening for PTSD in a substance abuse sample:

Psychometric properties of a modified version of the PTSD Symptom Scale Self-Report. *Journal of Traumatic Stress, 11*, 393–399.

Falsetti, S. A., Resnick, H. S., Resick, P. A., & Kilpatrick, D. (1993). The Modified PTSD Symptom Scale: A brief self-report measure of post-traumatic stress disorder. *The Behavioral Therapist, 16*, 161–162.

Screen for Posttraumatic Stress Symptoms (SPTSS)

Domains:	PTSD for multiple or unknown events
Timeframe:	Current (past 2 weeks)
Response format:	Self-administered
Format of administration:	Structured
Number of items:	17
Completion time:	5 minutes
Qualifications to administer:	Contact Eve Carlson, Ph.D.
How to obtain scale:	Contact Eve Carlson, Ph.D.
Cost or public domain:	Public domain
Psychometrics:	Population sampled: psychiatric inpatients Reliability: split half reliability = .91, test-retest = .82
Author(s):	Eve Carlson, Ph.D.
Contact:	Eve Carlson, Ph.D. National Center for PTSD (352-117-MP) Palo Alto Health Care System 795 Willow Road Menlo Park, CA 94025
Relevant citations:	Carlson, E. (2001). Psychometric study of a brief screen for PTSD: Assessing the impact of multiple traumatic events. <i>Assessment, 8</i> , 431–441.

Structured Interview for PTSD (SI-PTSD)

Domains:	PTSD single event
Timeframe:	Current (past 4 weeks)
Response format:	Other
Format of administration:	Structured
Number of items:	17

Completion time:	20–30 minutes
Qualifications to administer:	Can be administered by mental health professionals or by paraprofessionals after some training.
How to obtain scale:	Contact Jonathan Davidson, M.D.
Cost or public domain:	Public domain
Psychometrics:	Population sampled: veterans Reliability: alpha = .94, test-retest = .71, intraclass r = .97 Validity: sensitivity = .96, specificity = .80 (compared with SCID), Pearson's r reliability coefficient = .61 (with IES), Pearson's r reliability coefficient = .51 (with Hamilton Anxiety Scale)
Author(s):	Jonathan Davidson
Contact:	Jonathan Davidson, M.D. Department of Psychiatry Box 3812 Duke University Medical Center Durham, NC 27710-3812
Relevant citations:	Davidson, J. R. T., Kudler, H. S., & Smith, R. D. (1990). Assessment and pharmacotherapy of posttraumatic stress disorder. In J. E. L. Giller (Ed.), <i>Biological assessment and treatment of post-traumatic stress disorder</i> (pp. 205–221). Washington, DC: American Psychiatric Press. (Includes measure in its entirety.) Steel, J. L., Dunlavy, A. C., Stillman, J., & Pape, H. C. (2011). Measuring depression and PTSD after trauma: Common scales and checklists. <i>Injury, 42</i> , 288–300.

Trauma Assessment for Adults (TAA)

Domains:	Trauma history
Timeframe:	Lifetime
Response format:	Other
Format of administration:	Structured
Number of items:	13
Completion time:	10–15 minutes
Qualifications to administer:	None specified
How to obtain scale:	Contact Heidi Resnick, Ph.D.
Cost or public domain:	Public domain

Psychometrics:	Populations sampled: adult mental health center clients; face validity established; feasible; validity established via archival records
Author(s):	Connie L. Best, John R. Freedy, Sherry A. Falsetti, Dean G. Kilpatrick, Heidi S. Resnick
Relevant citations:	Cusack, K. J., Frueh, B. C., & Brady, K. T. (2004). Trauma history screening in a community mental health center. <i>Psychiatric Services</i> , <i>55</i> , 157–162. Resnick, H. S. (1996). Psychometric review of Trauma Assessment for Adults (TAA). In B. H. Stamm (Ed.), <i>Measurement of stress, trauma, and adaptation</i> (pp. 362–365). Lutherville, MD: Sidran Press.

Trauma Assessment for Adults (TAA)–Self Report

Domains:	Trauma history
Timeframe:	Lifetime
Response format:	Self-administered
Format of administration:	Structured
Number of items:	17
Completion time:	10–15 minutes
Qualifications to administer:	None specified
How to obtain scale:	Contact Heidi Resnick, Ph.D.
Cost or public domain:	Public domain
Psychometrics:	None to date
Author(s):	Connie L. Best, John R. Freedy, Sherry A. Falsetti, Dean G. Kilpatrick, Heidi S. Resnick
Relevant citations:	Resnick, H. S., Falsetti, S. A., Kilpatrick, D. G., & Freedy, J. R. (1996). Assessment of rape and other civilian trauma-related post-traumatic stress disorder: Emphasis on assessment of potentially traumatic events. In T. W. Miller (Ed.), <i>Stressful life events</i> (pp. 231–266). Madison, WI: International Universities Press.

Trauma History Questionnaire (THQ)

Domains:	Trauma history
Timeframe:	Lifetime
Response format:	Self-administered
Format of administration:	Structured

Number of items:	24
Completion time:	5–15 minutes
Qualifications to administer:	Contact Bonnie L. Green, Ph.D.
How to obtain scale:	Contact Bonnie L. Green, Ph.D.
Cost or public domain:	Public domain
Psychometrics:	Populations sampled: psychiatric outpatients, college students, women with breast cancer Reliability: $r = 0.7\text{--}0.9$, intraclass = .76
Author(s):	Bonnie L. Green
Relevant citations:	Hooper, L., Stockton, P., Krupnick, J., & Green, B., (2011). Development, use, and psychometric properties of the Trauma History Questionnaire. <i>Journal of Loss and Trauma</i> , 16, 258–283. Muesser, K. T., Salyers, M. P., Rosenberg, S. D., Ford, J. D., Fox, L., & Carty, P. (2001). Psychometric evaluation of trauma and posttraumatic stress disorder assessments in persons with severe mental illness. <i>Psychological Assessment</i> , 13, 110–117. Norris, F. H. & Hamblen, J. L. (2004). Standardized self-report measures of civilian trauma and PTSD. In J. P. Wilson, T. M. Keane & T. Martin (Eds.), <i>Assessing psychological trauma and PTSD</i> (pp. 63–102). New York: Guilford Press.

Trauma Symptom Inventory (TSI)

Domains:	Trauma-related symptoms
Timeframe:	Current (last 6 months)
Response format:	Self-administered
Format of administration:	Structured
Number of items:	100
Completion time:	20 minutes
Qualifications to administer:	Bachelor's degree in psychology. Must have related field and courses in the use of assessment instruments or special training in the use of this instrument.
How to obtain scale:	Contact Psychological Assessment Resources
Cost or public domain:	Cost: \$15.00
Psychometrics:	Population sampled: general population Reliability: $\alpha = .84\text{--}.87$

- Author(s): John Briere
- Contact: Psychological Assessment Resources
Box 998
Odessa, FL 33556
- Relevant citations: Briere, J. (1996). Psychometric review of Trauma Symptom Inventory (TSI). In B. H. Stamm (Ed.), *Measurement of stress, trauma, and adaptation* (pp. 381–383). Lutherville, MD: Sidran Press.
- Briere, J. (1995). *Trauma Symptom Inventory professional manual*. Odessa, FL: Psychological Assessment Resources.
- Orsillo, S. M. (2001). Measures for acute stress disorder and post-traumatic stress disorder. In M. M. Antony & S. M. Orsillo (Eds.), *Practitioner's guide to empirically based measures of anxiety* (pp. 255–307). New York: KluwerAcademic/Plenum.

Traumatic Stress Schedule

- Domains: Trauma history
- Timeframe: Current (but author suggests any period)
- Response format: Other
- Format of administration: Semi-structured
- Number of items: 10 (with 12 probes)
- Completion time: 5–30 minutes
- Qualifications to administer: Can be administered by lay interviewer with training
- How to obtain scale: Contact Fran Norris, Ph.D.
- Cost or public domain: Public domain
- Psychometrics: Reliability: test-retest = .88, frequency of events equal to National Women's Study PTSD Module
- Author(s): Fran Norris
- Relevant citations: Norris, F. H. (1990). Screening for traumatic stress: A scale of use in the general population. *Journal of Applied Social Psychology, 20*, 1704–1718. (Includes measure in its entirety.)
- Norris, F. H. & Hamblen, J. L. (2004). Standardized self-report measures of civilian trauma and PTSD. In J. P. Wilson, T. M. Keane & T. Martin (Eds.), *Assessing psychological trauma and PTSD* (pp. 63–102). New York: Guilford Press.