



## ACTION PLAN FOR PERSON-CENTRED PRACTICE AT ZEALAND UNIVERSITY HOSPITAL

### Responsible team members:

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### Our four pillars of research and development:

1. Experiences of person-centredness
2. Person-centred interventions
3. Person-centred cultures
4. Person-centred curriculum and education

### Our vision is a person-centred vision:

This implies that our vision is based on an approach to practice, established through care and treatment relationships between all health professionals, patients / citizens and relatives. Furthermore, our vision focuses on establishing a healthful culture for patients / relatives as well as the health professionals. The vision is not considered a finished piece of work - on the contrary, it is a dynamic process that is continuously evaluated, re-evaluated and expanded

Research and development pillars	Research and development activity: Examples of	Responsible Team Members	Comments
<b>Experiences of person-centredness</b>	<p><u>Programs across the hospital:</u></p> <p>FRONTLINE: A research program related to health care professionals experiences from the COVID-19 pandemic at micro and meso level.</p> <p>CAPAN: A research program related to nurses experiences and attitudes towards research, development and the context for person-centred care</p> <p><u>Programs and projects at department level:</u></p> <p>Complex interventions and patients experiences (Dept. of Oncology)</p> <p>Sleep across waters (Dept. of Ear/Nose and Throat)</p> <p>Individual tailored patient trajectories (Dept. of Hematology)</p> <p>Instrument Development</p>	<p>BHH, MK</p> <p>BHH</p> <p>ER</p> <p>TGT</p> <p>MK</p> <p>ALL</p>	<p>In the column Responsible Team Members, we have noted who from the ICoP-team is responsible for the projects. However, we are all involved in many other activities and many other researchers take part and are co-coordinators in projects.</p>
<b>Person-centred interventions</b>	<p>Coaching and Mentoring Initiatives for staff, ward-managers, head of departments and CEO level</p> <p>Developing Early Career Researchers</p>	<p>BHH, MK</p> <p>ALL</p>	<p>The initiative regarding ward-managers have connection to a similar initiative in Wollongong</p>
<b>Person-centred cultures</b>	<p>Ongoing work to maintain and further develop person-centred culture at the hospital and in its departments.</p> <p>Collaborating with regional, national and international partners in order to exchange experiences, support collaboration and develop person-centred cultures in different contexts.</p> <p>Establishing an adjunct professor position for BMcC</p>	<p>ALL</p> <p>ALL</p> <p>MK, ER</p>	<p>We have established a Nordic collaborative network focusing on person-centred cultures and have met twice in DK and Norway. Furthermore, we have made a collaborative presentation at a national conference.</p>
<b>Person-centred curriculum and education</b>	<p>Educational program for ward managers regarding practice development and person-centred care</p> <p>Planning and implement an educational program for facilitators of practice development</p>	<p>BHH, MK</p> <p>ER, MK, TGT</p>	<p>Here we would like to include and collaborate further with ICoP members</p>