

ENG

Treated wound

Holbæk Sygehus, Akutafdelingen



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Wound glued with liquid skin glue

Treatment

The glue is sterile and liquid. When it touches the skin, a thin film is formed, which holds the wound together. The film holds the sides of the wound in place for 5-7 days.

This is sufficient time for the wound to heal. Afterwards the glue (now a crust) will fall off by itself.

Important information

- do not scrub or scratch the glue. This could cause the glue to loosen before the wound has healed, making it reopen. There is also a risk of inflammation resulting in scarring.
- do not use creams or ointments on the wound while the glue is still visible.
- when you shower, avoid the glue getting wet for longer periods. Dry or dab the wound with a soft towel.
- avoid swimming and activities, causing you to sweat.
- avoid exposing the wound to direct sunlight for the first 6-12 months. Cover with a plaster or use high-factor sunscreen for the scar to turn out nicer.

See your doctor, if you notice any of these signs of inflammation:

- leaking from the wound
- redness or swelling around the wound
- rising temperature
- throbbing pains from the wound

Wound treated with plaster strips

Treatment

The *plaster strips* on your wound should be removed in _____ days.

The *outer bandage/plaster* will have to be removed in 1-2 days, if nothing else has been agreed.

Important information

- keep the wound dry and clean
- avoid exposing the wound to direct sunlight for the first 6-12 months. Cover with a plaster or use high-factor sunscreen for the scar to turn out nicer.

See your doctor, if you notice any of these signs of inflammation:

- leaking from the wound
- redness or swelling around the wound
- rising temperature
- throbbing pains from the wound

A stitched wound with a clean dressing/bandage

Important information

- keep the dressing/bandage dry and clean.
- avoid exposing the wound to direct sunlight for the first 6-12 months. Cover with a plaster or use high-factor sunscreen for the scar to turn out nicer.

Stitches will have to be removed by your doctor in _____ days.

Inflammation

The dressing must be changed if:

- blood or liquid seeps through
- the dressing gets wet

See your doctor if you notice these signs of inflammation:

- leaking from the wound
- redness or swelling around the wound
- rising temperature
- throbbing pains from the wound

Aftercare

For minor wounds you can remove the dressing after 1-2 days, e.g. in the shower.

After 2 days you can wash as you normally do but make sure you dab the wound with a clean towel.

For all types of treated wounds

Tetanus vaccine

A tetanus vaccine every ten years is recommended to maintain immunity. Please check on (link) www.sundhed.dk if you are still covered by your latest tetanus dose.

If you receive a new dose, it is normal to feel a shoulder muscle soreness for 2-4 days after the vaccine.

Questions

You are quite welcome to contact Skadetelefonen on tel. 1818 or your doctor, if you are in doubt of any aspect of the treatment.